



# Camper Camp Guide

**Camp  
Champions**

**\*\*Contains Top Secret Information\*\***

**WHOA!! It's like... y'know...  
a Table of contents!!**

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# CAMP'S COMIN'!

Hey, we know you can't wait to get to camp—at least, we HOPE you can't wait! Camp Champions is a special place; life here is just different. For many campers, counselors and leadership team, CC is their favorite place on earth.

But **if you're coming to camp for the first time**, we know you might feel nervous or clueless about what's in store this summer. So we put together this booklet. It's full of great stuff you'll want to know about camp before you even get here. Of course, camp's something you can't really DESCRIBE—you've just got to experience it for yourself. But hopefully once you've read this booklet, you feel at least a little less nervous or clueless!

And hey! **If you're a returning camper**—maybe you've even been coming to camp for many years—you'll still have fun reminding yourself of all the great traditions and anticipating Summer '09. Besides, you'll also find **this summer's dance themes**; you DEFINITELY need to know those!

You'll also find **this year's Trunk Sticker** inside. We started this tradition in 1998—each year we send campers a different sticker to put on their trunks. This is the 11th sticker we've done! Put it on your trunk before you get to camp. Show your **CHAMPIONS PRIDE!**

## WE CAN'T WAIT TO . . .

- Eat with you in the Fillin' Station
- Sing with you at Torchlight
- Cheer for you during Trojan/Spartan games
- And a whole bunch more . . .



# WHAT CC'S ALL ABOUT

Come to **CAMP CHAMPIONS** for any reason you want—fun activities, new friends, time away from home—just make sure you come! **CHAMPIONS** is an incredible place, and here's what all of us at CC hope happens for YOU while you're here. We hope you learn what it takes to become a true **CHAMPION** in life! We hope you make **incredible friends!** We hope you have a lot of **FUN!**

We have the greatest campers in the world at CC! To be a **CHAMPION** is something special, although it sometimes takes work. For example, we expect campers to:

- Participate** in activities
- Respect** each other, their counselors and staff
- Use clean language**
- Resolve disagreements** by talking things out, rather than by arguments or fights . . .

We expect a lot from our campers. But that's okay, because we know that YOU have what it takes to be a **CHAMPION.**

Get ready—whether it's jumping on the glob, meeting a new best friend, competing in Trojan/Spartan games, performing skits or hanging out with your cabin at the lake—you're in for a **FANTASTIC** summer!



# REMEMBER THESE NAMES

You'll meet a TON of fun people at camp—other campers, fantastic counselors and staff members. But here are some of the people that work year-round to make sure Camp Champions will always be the **BEST IN TEXAS!** Remember their names!

## STEVE SIR:

Owner and Executive Director--to go along with devouring the competition in his Fantasy Baseball League, or dining with moguls in New York and Midland, he is preparing to take over the world one camper at a time as he builds Champions.

## SUSIE MA'AM:

Owner and Executive Director--Along with managing much of the behind the scenes work at camp, Susie's primary role is Girls Side Director during the summer months.

## MOAK SIR:

Activities and Site Director--well, ya know...he knows everything about camp. Just ask him!

## SHIRLEY SIR:

Boys' Lower Camp Director--This crazy guy from Louisiana is ready for some serious fun this summer! Look out boys side!

## JOE SIR:

Activities Director--In this brand new role, Joe Sir will be improving our camp program and activities. Get ready for a FUN summer!

## GARCIA MA'AM:

Girls' Upper Camp Director--This long time camper and staff member (17 summers!) always brings lots of energy to the girl's side! Get Excited!

## LEAH MA'AM:

Girls' Lower Camp Director--This NJ native is looking forward to her first summer at Camp Champions in Texas!!!

# REMEMBER THESE NAMES... TAKE TWO

MEET YOUR 2009 CHAMPIONS CREW MEMBERS

## Division Leaders

### SENIOR CAMPER GUYS

JUSTIN TUGGLE

### SENIOR CAMPER GIRLS

LAURA HILL

### AQUANAUTS

JEREMY KLAFF

### MAXIS

ABBY GREEN

### LETTERMEN

EREC HILLIS

### MIDIS

LAURA MEHL

### MINIS

BRIDGET EICHORST

ALLIE WEISSBERG

### ROOKIES

MICHAEL GOODMAN

## Department Heads

### BOYS WATERFRONT

MATT LUEDEKE

### GIRLS WATERFRONT

KATE CROMWELL

### OUTDOORS+

PAUL UNDERWOOD

### FINE ARTS+

MICHAEL MARGETIS

### SPORTS

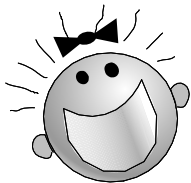
DUSTIN RUCKER

# SO WHADDAYA DO?

Hey, every day at Champions has it's own surprises, but we DO follow a regular schedule.

Here's what **MOST** of your days at camp will look like!

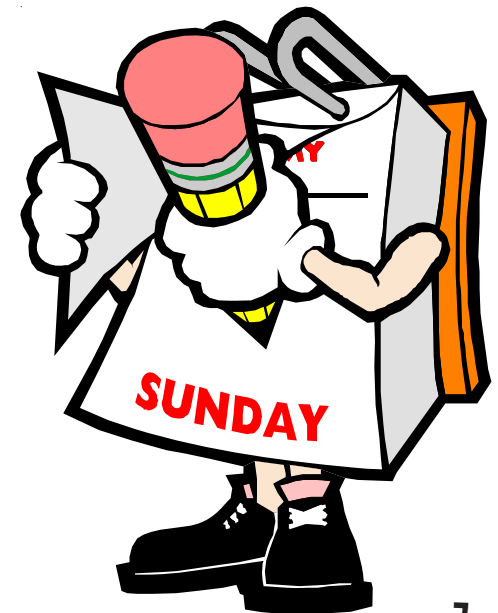
<b>7:30 am</b>	<b>Rise &amp; Shine!</b>	
<b>7:45 am</b>	<b>FLAG RAISING</b>	
<b>8:00 am</b>	<b>Breakfast</b>	
<b>9:30 am</b>	<b>INSPECTION</b>	
<b>9:55 am-12:35 Pm</b>	<b>3 morning Activities</b>	
<b>12:50-1:50 Pm</b>	<b>Lunch</b>	
<b>1:50-2:30 Pm</b>	<b>Marktime</b>	
<b>2:30-3:10 Pm</b>	<b>Halftime</b>	
<b>3:15-4:05 Pm</b>	<b>1 Afternoon Activity</b>	
<b>4:05-4:35 Pm</b>	<b>Treat Time</b>	
<b>4:35 -6:20 Pm</b>	<b>2 more Afternoon Activities</b>	
<b>6:25-6:45 Pm</b>	<b>7<sup>th</sup> Inning Stretch</b>	
<b>6:50 Pm</b>	<b>Dinner (First call)</b>	
<b>7:50 Pm</b>	<b>EVENING ACTIVITY</b>	
<b>8:25 Pm</b>	<b>FLAG LOWERING</b>	
<b>8:30 Pm</b>	<b>TORCHLIGHT</b>	
<b>9:30 Pm</b>	<b>Return to Cabins</b>	
<b>9:45 Pm</b>	<b>All's Quiet</b>	



# SUPER IMPORTANT!

You can see that campers have **three morning and three afternoon activities**. Our youngest campers (typically those finishing 2nd-4th grades) will travel with their cabins to activities. Most other age groups, however, will choose the majority of their activities, and have an individual schedule—their cabins will not travel together all of the time. After 6th activity, the whole cabin will gather together for **7<sup>th</sup> Inning Stretch**. This is a great time to reconnect with your friends in the cabin and have fun before dinner and evening activities begin!

Oh, and by the way, **Sunday's schedule** is totally different, with sleeping late, Trojan-Spartan games, a picnic and vespers . . . but instead of telling you about Sundays, we'll just wait and let you experience them when you get here!



# WHEN AT CAMP, DO AS CHAMPIONS DO

One of the things that makes Camp Champions so special is our **camp traditions**. Some are serious, some are silly—but all of them help make camp fun and help campers become CHAMPIONS! Here are a few of our most important traditions:

## YES, SIR, NO SIR, YES MA'AM, NO MA'AM

While at camp, you'll address counselors and Leadership Team as sir or ma'am, and they'll do the same when they address you. This is SUPER-IMPORTANT! Why do we do this? It's our way of showing **RESPECT** for one another. If your counselor's name is Jennifer, for example, you'd call her "Jennifer ma'am." You'll call Steve, the Executive Camp Director, "Steve sir." Get into the habit of calling people sir and ma'am **BEFORE YOU GET TO CAMP**—it'll be a lot easier to do so when you get here, and people will appreciate the courtesy you show them!

## INSPECTION:

Each day after breakfast, campers and counselors return to their cabins to prepare for Inspection. That means you'll make your bed, pack your trunk neatly, sweep the cabin floor, take out the trash, etc. Although it's not the most exciting part of the day, Inspection is a great chance to work with your cabin mates and to develop **RESPONSIBILITY**. And hey, if your cabin passes Inspection, you don't have Inspection the following day—great reason to work hard and pass!



## THE CHAMP SYSTEM:



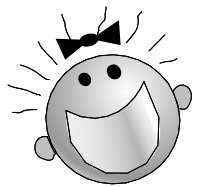
Unless you're a senior camper, you'll need no money at camp. Why? Because at camp we use something called **the Champ System**. All campers have a certain number of Champs deposited into their account each week. Then, once a week, you can buy things at our camp store--Kneeman Markus--with the Champs in your account...anything from small toys and jewelry to larger things, like cool Camp Champions clothing, pillows or blankets. Everyone loves their opportunity to shop at Kneeman Markus!



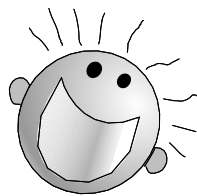
## TORCHLIGHT:

Each night, everyone in camp gathers at either the Lone Star Coliseum or the Texas Forum to end the camp day with a ceremony called **Torchlight**. Besides the announcements, singing and fun skits that happen at Torchlight, we also honor the Torchlighter of the day—a camper who has done an outstanding job in his/her cabin, in activities and in following Champions traditions. If you demonstrate the 4 R's: Respect, Responsibility, Reaching Out and taking Reasonable Risks--your chances increase for being chosen to be a Torchlighter. It's an incredible honor. You'll LOVE coming to Torchlight—it's a great way to end each day!

**Of course, we have a lot more  
Camp traditions than just these four,  
But these are some of our most important.  
If you follow these four traditions...  
well, you'll DO just Great at Champions!**



# TROJAN/SPARTAN GAMES



One of the most important parts of camp life is a camper's participation on one of our camp teams—the Trojans or the Spartans. Trojans are blue, Spartans are red. First-year campers draw during one of the first days of camp to find out which team they're on—and once you're a Trojan or Spartan, you're a Trojan or Spartan for life. Yep, that's right. Forever.

Trojans and Spartans gather each Sunday afternoon to face each other in a friendly competition called Trojan/Spartan Games. It's kinda like an Olympics—different events, divided by age groups. The team that wins the day's Games, gets to see their team flag fly 'til the next set of games; it's a great matter of team pride!

But the Trojan/Spartan teams are about more than just competing in the Games. Being part of one of these teams gives you a chance to learn loyalty, to encourage others, to compete your hardest, to be humble when you win and to be gracious when you lose. You develop a lot of the qualities that define a true **CHAMPION!**

## Besides, the Trojan/Spartan Games are INCREDIBLY fun!!

# NOAH WEBSTER'S DICTIONARY OF CHAMPIONS TERMS

Especially in your first summer at camp, it'll seem as if Champions has a language all its own. You'll hear about Torchlight and All-Star Games and Senior Campers and The Dog Pound and the Ill Eagle's Nest . . .

It can all be quite confusing at first! But to help, here are explanations for some important Champions' "lingo." And don't worry—after a week or two at camp, you'll be speaking perfect Champion-ese!

### SENIOR CAMPERS:

Campers who have finished 9th grade. It's an honor to be invited back as a SC. More privileges, more responsibilities. Boys stay in Cabin 007, girls stay in Cabin 7-11.

### PICKLEBALL:

A fun game that's a cross between tennis and ping-pong. Pickleball is a huge hit at Champions. The boys hold an annual doubles pickleball tournament!

### ROLL CALL:

Each night at Torchlight, your cabin will do a Roll Call. We'll ask if your cabin is present, and everyone in your cabin will stand and say something fun together to let us know you're here!

### LTC:

When a camper is honored as a Torchlighter in 3 different summers, he/she becomes an LTC, which stands for Lifetime Torchlighters Club.

### LONE STAR COLISEUM:

This is one of 2 large amphitheaters where we hold Torchlight each night. When the Boys & Girls camps have Torchlight together, we meet at the Lone Star Coliseum.

### LONE STAR PAVILION:

It is a terraced deck with campfire and seating, connecting the music and crafts buildings! Great place for an outside music class or to simply gather around and just hang out!

### MEMORY LANE:

On the last night of camp, campers and counselors get a chance to say their good-byes during a time called Memory Lane.

### HOME RUN:

A special 4th week of camp for campers who have finished at least 5th grade. This week includes specialty activities, parasailing and a fun trip off camp!

### ILL EAGLES NEST:

If you get any bumps or bruises, or need to take any meds at camp, you'll visit our TERRIFIC camp nurses at the Ill Eagles Nest!

### THE CHUTE OUT AT THE H2O CORRAL:

Our newest and bluest addition to camp! With 2 HUGE slides and a HUGE pool, this will be a nice place to enjoy a little wet time in the sun!

### CHAMPIONS MARINA:

One stop shop for all of our sailing needs and desires. All boys and girls will now be sailing from this fine new establishment referred to as "The Point."

# Dance Themes!!!!

A wise man once said,  
"If you're not wearing a funny costume, then  
you're not having fun."

Lucky for you, "fun" is Camp Champions' middle name. All you have to worry about is packing your trunks with crazy outfits and costumes and we will take care of making you laugh so hard that your face hurts.

Here are the summer 2009 dance themes!!

## Big Bad Bling Heavy Metal

Close your eyes, actually don't since you will not be able to read what is written, Just picture what's going on, and allow yourself by the creativity bug to be bitten.

Because it's a dance theme the likes of which camp has never seen,  
And with all the chains and bling, camp will be so fresh and so clean.

Break out the platinum chains and grill to look good in a flash,  
Unless of course you have already traded your gold for cash.

Show the world you have grown into a rock superstar from a lonely zero,  
And if you need costume ideas might I recommend anyone from Guitar Hero.

Your costume could be a metal from the Periodic table in Chemistry class  
Zirconium, Tungsten, Lead, Copper, or Argon..... jk that one's a gas.

So whether it's Steve Sir's rockin' heavy metal that brings you glee,

Or you see yourself down with O'Susie, yeah you know me,

It's the best of both worlds so you don't have to settle

We're bringing together the Big Bad Bling and the Heaviest of Metal!

# Where in the world is this dance

This theme is simple, and finding a costume should take a minute or two  
But if there is confusion please allow me the privilege of giving you a clue.

United States, Canada, Mexico, Panama, Haiti, Jamaica, Peru

Republic Dominican, Cuba, Caribbean, Greenland, El Salvador too.

Norway and Sweden and Iceland and Finland and Germany all in one piece,  
Switzerland, Austria, Czech and Slovakia, Italy, Turkey, and Greece.

India, Pakistan, Burma, Afghanistan, Thailand, Nepal, and Bhutan,  
Kampuchea, Malaysia, then Bangladesh, Asia, and China, Korea, Japan.

Tunisia, Morocco, Uganda, Angola, Zimbabwe, Djibouti, Botswana;  
Mozambique, Zambia, Swaziland, Gambia, Guinea, Algeria, and Ghana.  
There's Syria, Lebanon, Israel, Jordan, and Yemen, Kuwait, and Bahrain,  
Netherlands, Luxembourg, and Portugal, France, and England and Spain.

The theme is right there, it's right at your feet, surely you see it by now,  
It's anywhere and everywhere combined into one huge dance somehow!

## War and Peace

Up and down, top and bottom, black and white, in and out,

This dance is going to be awesome from celebration to shout.

On one hand it's all about the battle and cunning and disguise,

But it's also about love and getting along with gals and guys.

It's a dance where you want to be sneaky and blend in with what's around,

But also stand out, be yourself, and think and say things profound.

Break out the camo and paint, but if you use deer scent you're going in the rafter,

After all we are here to have fun, not to plan an attack on France, that's after.

Don your tie dye everything from headband, to shirt, to pants, shoes and socks,

And we can all stand together and plead, quit playing sports in your cros.

No matter if you are a lover or a fighter, a soldier or a hippie

After this dance, we will all be like Smuckers and Skippy.

Let's show the world that War and Peace is much more than just novel by Tolstoy,

It can be a theme that is the cause of crazy 100% pure joy!

**DOUBLE PLAY CAMPERS WILL BE ABLE TO ENJOY THE  
WAR AND PEACE AND WHERE IN THE WORLD DANCES!!**

# LET'S GET PACKING!

Camp is just around the corner, which means it's packin' time!  
Here's our recommended packing list... don't forget to  
**LABEL EVERYTHING!!**

## BASIC CLOTHING ITEMS

- Underwear (10)
- Socks (10 pair)
- Jeans/pants (3)  
(if participating in horseback)
- Sweatshirt (who knows...you might use it!)
- T-shirts (10)
- Long-sleeved white t-shirt (sun protection)
- Plain white polo/nice t-shirt
- Shorts (10)
- Swimsuits (2-3)
- Brimmed cap
- Casual outfits (3)
- Pajamas/sleepwear
- Bandana



## LINENS

- Fitted twin sheets (2)
- Flat twin sheets (2)
- Pillow
- Pillowcases (2)
- Sleeping bag
- Light blanket
- Large beach towels (2)
- Regular bath towels (2)
- Washcloths (2)
- Laundry bags (2)



## SHOES

- Tennis shoes (2 pair)
- Sandals or aquasocks
- Cowboy boots (if participating in horseback)



# MORE ITEMS TO PACK...

## PERSONAL ITEMS

- Toothbrushes (2)
- Toothpaste
- Floss
- Shampoo
- Antibacterial bath soap
- Waterproof sunscreen (SPF 15+)
- Nose plug
- Lip ointment (with sunblock)
- Extra pair glasses/contacts
- Lotion
- Comb/brush



## MISCELLANEOUS

- Flashlight/batteries
- Stationery/stamps
- Pens/pencils
- Costumes for dances (see pages 12-13)
- Sunglasses
- Disposable camera
- Watch with an alarm
- Water bottle



## OPTIONAL

- Baseball glove
- Fishing pole
- Water gun
- Playing cards
- Ear plugs
- Books
- Battery-operated fan

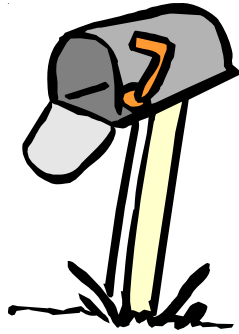


**YOU CAN SEND LAUNDRY OUT ONCE PER WEEK WITH OUR LAUNDRY SERVICE!!!**

# MAIL OR FE-MAIL?

Mail Call at camp takes place every day at lunch. We deliver all letters, faxes and e-mails from your friends and family right to your counselors! If any of your friends want to write to you while you're at camp, here's how they should address letters:

**(YOUR NAME)**  
**CAMP CHAMPIONS**  
**775 CAMP ROAD**  
**MARBLE FALLS, TX 78654**



Make sure you get THEIR addresses too, so you can write letters back!

By the way, if someone's going to send you a PACKAGE while you're at camp, MAKE SURE it doesn't contain food, candy, shaving cream or fireworks. If you get a package with any of these items in, we'll take them—sorry! But we're telling you NOW, so you have no excuses this summer!

